

THE GREAT BIG CRUNCH



CRUNCH DOWN THURSDAY, MARCH 9, 2017!

Let's make
A HUGE
crunch in
Hamilton
this year!

Tastebuds invites students across Hamilton to take a great big crunch into locally grown apples all at the same time!

Register your students by **February 13, 2017** to take a giant, synchronized crunch into an apple and learn about local food and healthy eating.

To participate, register online at
GREATBIGCRUNCH.EVENTBRITE.COM

All apples for this year's crunch has been
generously donated by Drummond Farm!



On your mark. Get set. CRUNCH!

1 Run the **Great Big Crunch** at your program any time on **Thursday, March 9!**

2 For more information and activity ideas, check out **Tastebuds' Great Big Crunch Activity Guide** at tastebudshamilton.ca/greatbigcrunch, and check out last year's album for inspiration!

3 Share your Crunch stories and photos by tweeting **@TastebudsSNC #greatbigcrunch** or emailing gevans@tastebudshamilton.ca

