

MZ FOODS

PRODUCT LIST

Phone No. (905) 515-7810 • Fax (905) 574-5587 • Email orders@zarkys.com
20 Hempstead Dr., Hamilton, ON L8W 1N2

	PRODUCT	CASE SIZE
DAIRY	Cheese strings (Saputo)	30 units
	Twist top chocolate milk 237ML (Reid's).	each
	Twist top white milk 237ML (Reid's)	each
	Yogurt tubes 60gr (logo)	8x8 (64 units)
	Yogurt bags (Vanilla, Strawberry and Peach) (logo)	4x2kg bags
	Yogurt cups 100gr (logo)	3x16 units (48 units)
	1% white milk 4 lt	each
	2% white milk 4 lt	each
	Cheese Whiz (only serve once a week)	1kg
	Hard Boiled Eggs (Pillow Pack)	625g (1 dozen)
	Marble Cheese (Black Diamond)	907g
	Shredded Cheese (Saputo)	2.5kg
Cream Cheese (Philadelphia)	1.5kg	
GRAIN	Kellogg's Nutrigrain Bars (only serve once a week)	40 units
	Whole wheat English muffins (Oakrun)	6 pack
	Whole wheat 12" Tortia (Zarky's)	12 pack
	Whole wheat dinner rolls (Zarky's)	12 pack
	Whole grain premium plus soda crackers	12x500g
	Whole wheat bread (demister)	each
	Multigrain Cheerios jumbo	1.18kg
	Multigrain Cheerios family box	595g
	Original Hummus	227g
	Ranch Dressing	4L
	Triscuit crackers	12x225g
	OTHER	Oasis 100% juice boxes (only serve once a week)
Apple sauce (unsweetened) (leahy)		6x6 (36 units)
Mayonnaise		1.8L
Pizza Sauce		4L
PRODUCE (prices subject to change)	Bananas	40lb
	Blueberries	12x6oz
	Cantaloupe	12-15 pieces per case
	Clementines	4lb
	Grapes Green	18lb
	Grapes Red	18lb
	Honey Dew	6-8 pieces per case
	Oranges Seedless	105's and 113's
	Pears, Bartlett	45lb
	Pears, Bosc	45lb
	Plums	15lb (60ct)
	Strawberries	8 pints per case
	Watermelon	each
	Apples Golden delicious	40lb (100-113)
	Apples Granny Smith	40lb (100-113)
	Apples Macintosh	40lb (100-113)
	Apples Macintosh	12x3lb
	Apples Red delicious	40lb (100-113)
	Apples Royal Gala	40lb (100-113)
	Broccoli	18 pieces per case
	Cauliflower	12 pieces per case
	Celery	24 stalks per case
	English cucumber	12 pieces per case
	Grape Tomatoes	12 pints per case
	Mini Carrots	40x120g
	Mini Carrots	200ct (individual packed)
	Peppers Green	11lb
	Peppers Red	11lb
Spring Mix salad	3lb	

Orders due my Wednesday noon and minimum order is \$50.00. Items can be ordered per unit or per case. Cheques payable to MZ FOODS.

Any special request, do not hesitate to contact MZ Foods at (905) 515-7810